



Farm to Everything

Crash Course with CANS, Nov. 18th, 2021



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My experience with Farm to School is...

1. Actively participating
2. Have participated in the past
3. Have attempted unsuccessfully
4. No experience

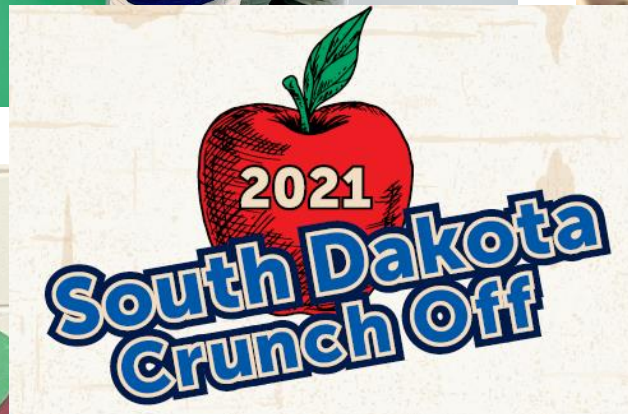


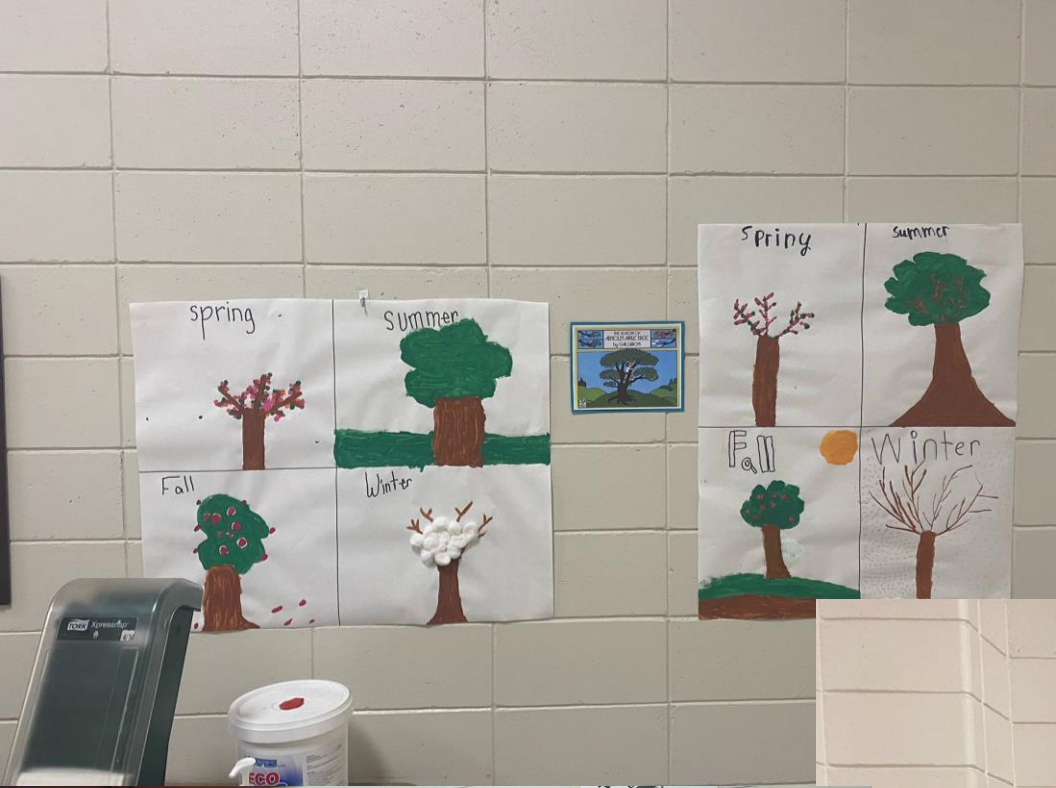
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South Dakota Crunch Off



- **20** registrations
- **3,026** crunches
 - **426** children ages 0-5
 - **1,986** children ages 6-18
 - **614** adults
- Largest Crunch – **Dakota Valley**
 - 1560 crunches
- 2x the crunches of 2020







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Farm to School changes food purchasing and education practices of education settings to connect communities with fresh, healthy food from local producers.

CORE ELEMENTS OF **FARM to SCHOOL**





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Farm to School Activities

- Use local foods in any form in...
 - National School Lunch Program
 - School Breakfast Program
 - Fresh Fruit and Vegetable Program
 - Child and Adult Care Food Program
 - CACFP At-Risk Afterschool Program
 - Summer Meals





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Farm to School Activities

- Serve local foods as a snack (classroom, a la cart, fundraisers, etc.)
- Serve local foods or provide farm to school activities as part of afterschool programs
- Serve products from school gardens/farms in any school meal
- Work with local producer to develop specific food products using local foods





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Farm to School Activities

- Hold taste tests/cooking demonstrations of local or garden grown foods
- Promote local foods at school
- Use cafeteria food coaches to promote the consumption of local foods
- Invite farmers to visit the cafeteria or classroom
- Provide training to school food service staff on F2S or school gardens
- Celebrate National F2S Month (October)





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Farm to School Activities

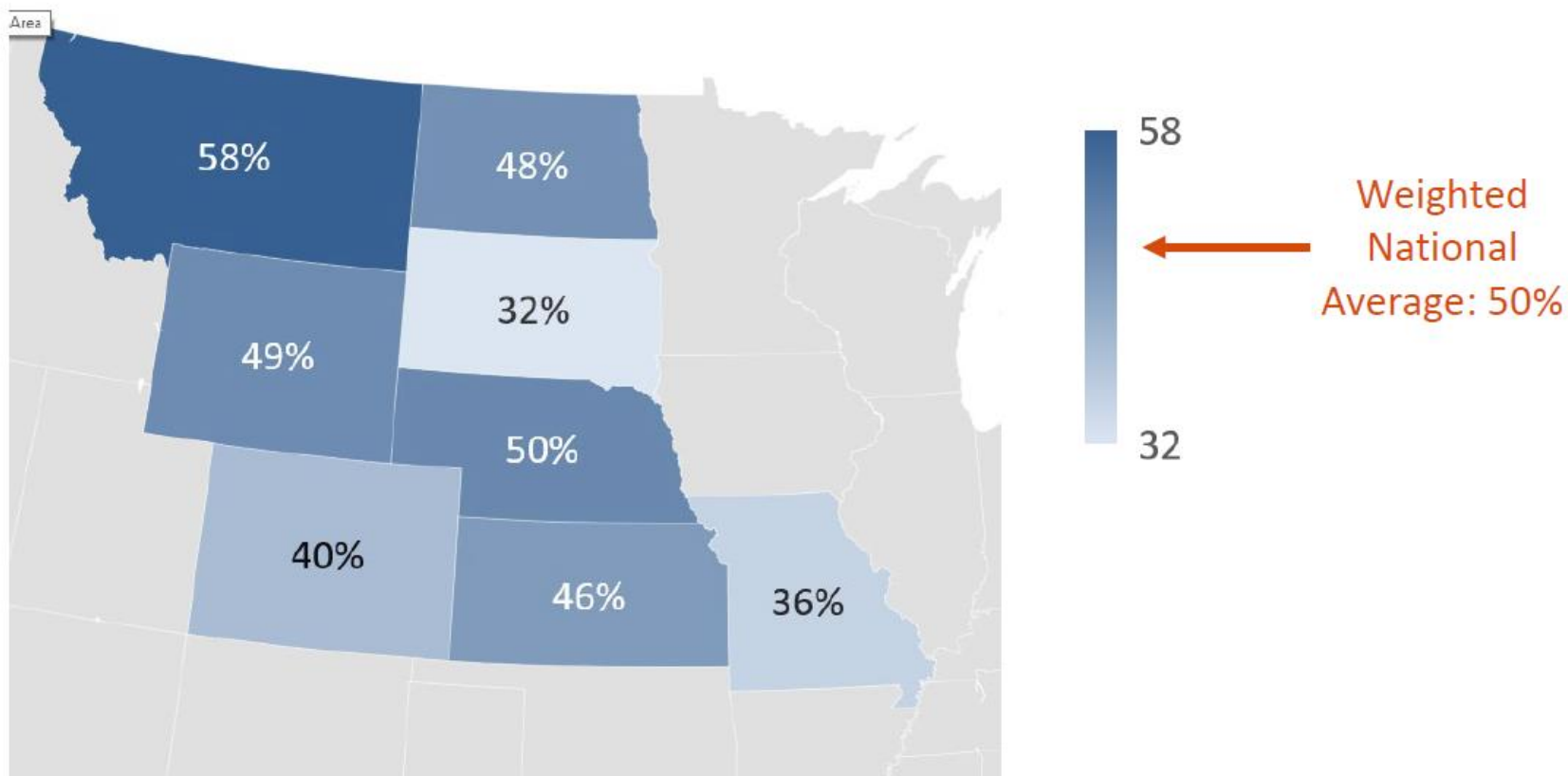
- Conduct educational edible school garden as part of curriculum
- Student field trips to farms
- Integrate F2S into Pre-K curriculum
- Host F2S related family and community events (parent lunch day, corn shucking contest, farmers market at school, etc.)





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Percent of All SFA Respondents Serving Local Foods



Graphic courtesy of USDA OCFS MRPO



Top 5 Benefits of F2S by SD SFAs (participating in at least 1 F2S activity)

1. Don't know
2. Higher quality foods
3. Increased consumption of items in school meals
4. Student knowledge about local and healthful foods
5. Lower school meal program costs



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Why Farm to School?



Kids Win



**School Foodservice
Wins**



Communities Win



Environment Wins



Farmers Win



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Why Farm to School?

- Students
 - +0.99 to + 1.3 servings F/V per day
 - Minimized risk of diet-related diseases
 - Knowledge about gardening, agriculture, healthy food, local food, seasonality
 - Willingness to try new and healthy food
 - Choose healthier food at school and home





Why Farm to School?

- Schools
 - Average increase of 9% in meal participation
 - Lowers school meal program costs
 - Increased offerings of fruits and vegetables
 - School wellness policy adherence
 - Improved foodservice staff morale and knowledge of local foods
 - Educators have positive diet and lifestyle changes and a greater intent to integrate F2S in the classroom
 - Greater opportunities for hands-on, active, and experiential learning



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Local Food Directories





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Farm to School Examples



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Kids recipe contest





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Commercial Kitchen Partnership



Deubrook Area School District 05-6

[illegible]

Salad Bar



- Flexible Quantities
- Seasonal

Fresh Fruit and Vegetable Program



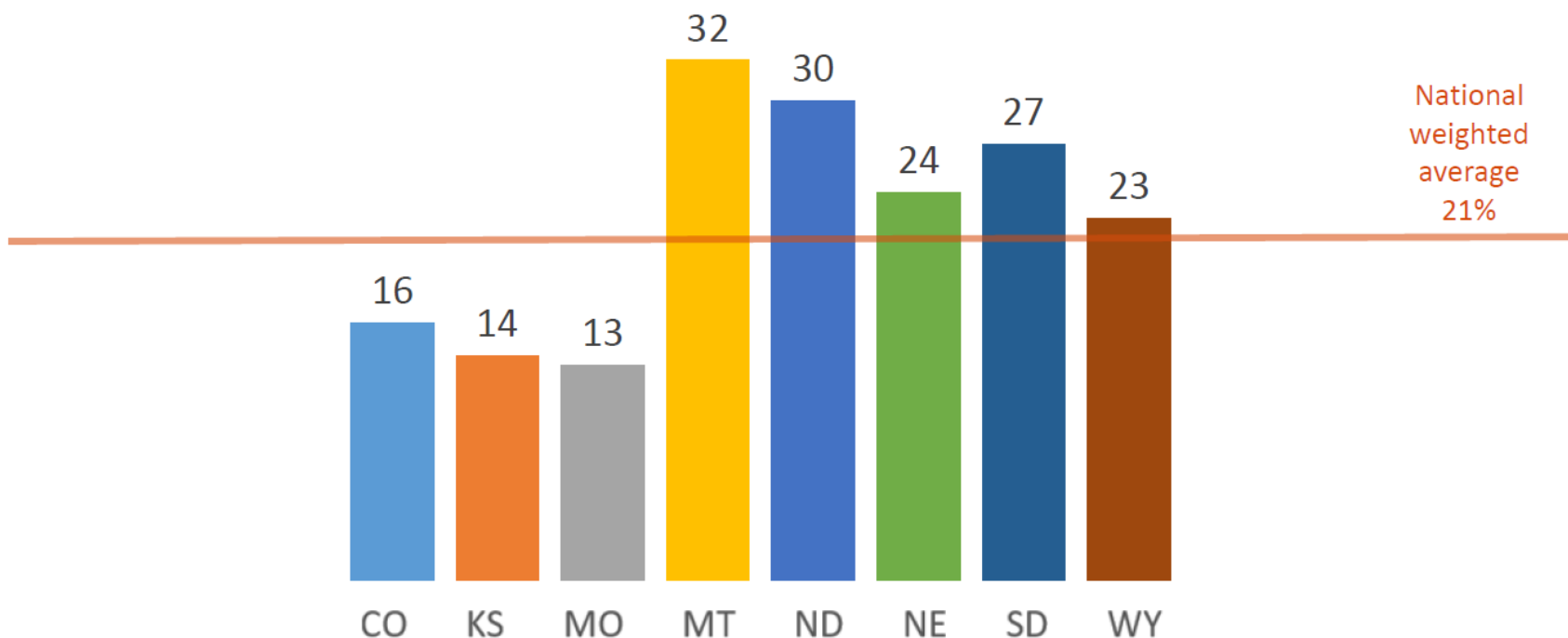
Fresh Fruit and Vegetable Program



- New and different
- Smaller quantities
- Not a menu item



Percent SFAs that Use Local Foods in the Fresh Fruit and Vegetable Program



Graphic courtesy of USDA OCFS MRPO



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Sell in the
Summertime



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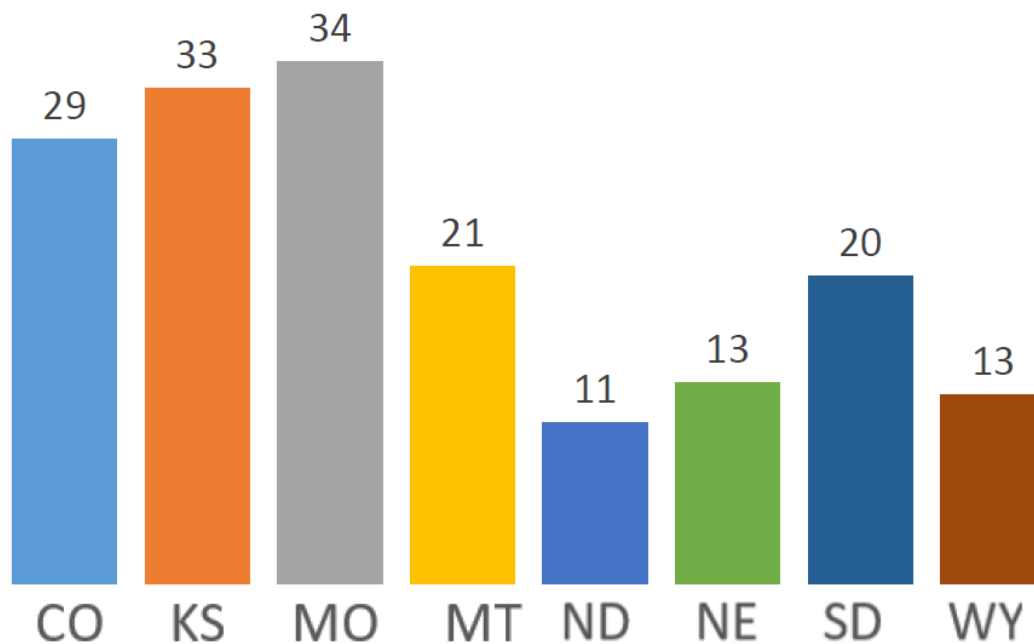
**Sell in the
Summertime**

- More fresh produce available
- Smaller meal program



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Percent SFAs that use Local Foods in SFSP/SSO



Graphic courtesy of USDA OCFS MRPO



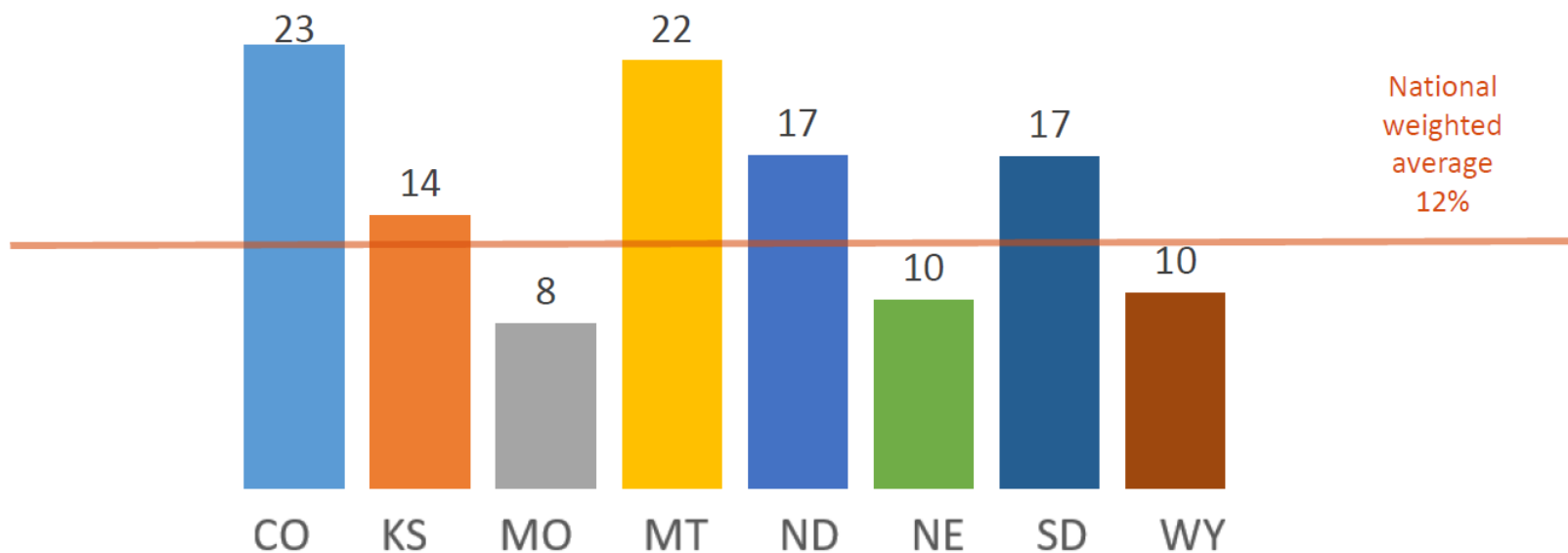
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Family and Community Events





Percent SFAs that Host F2S Related Family and Community Events



Graphic courtesy of USDA OCFS MRPO



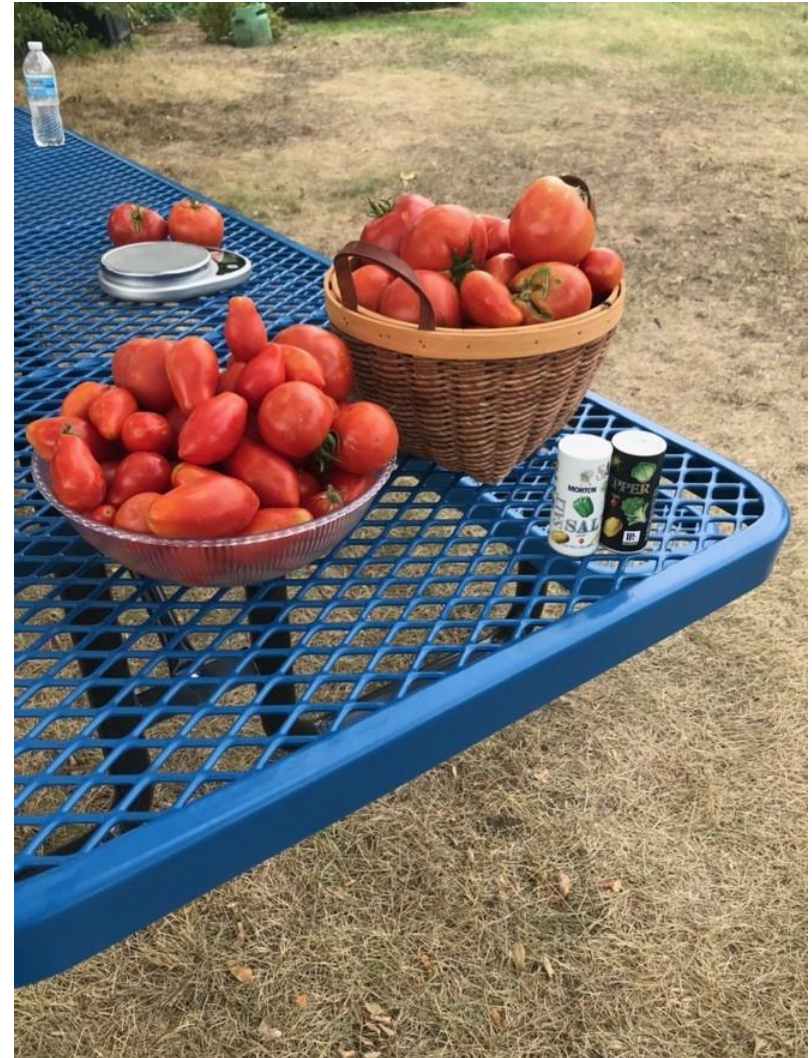
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Invite a farmer to school!





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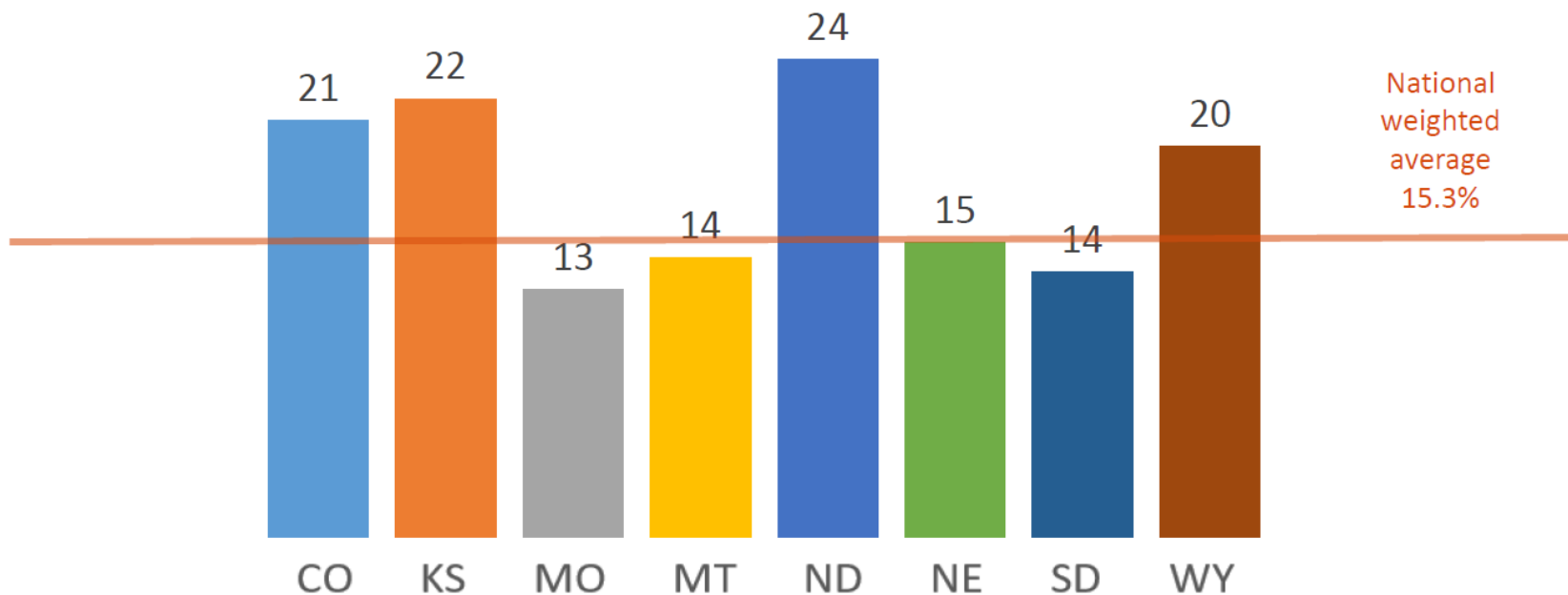
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Percent SFAs that Have Farmer Visits to Cafeterias, Classrooms, or other School Settings



Graphic courtesy of USDA OCFS MRPO



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Help Establish or Grow a School Garden





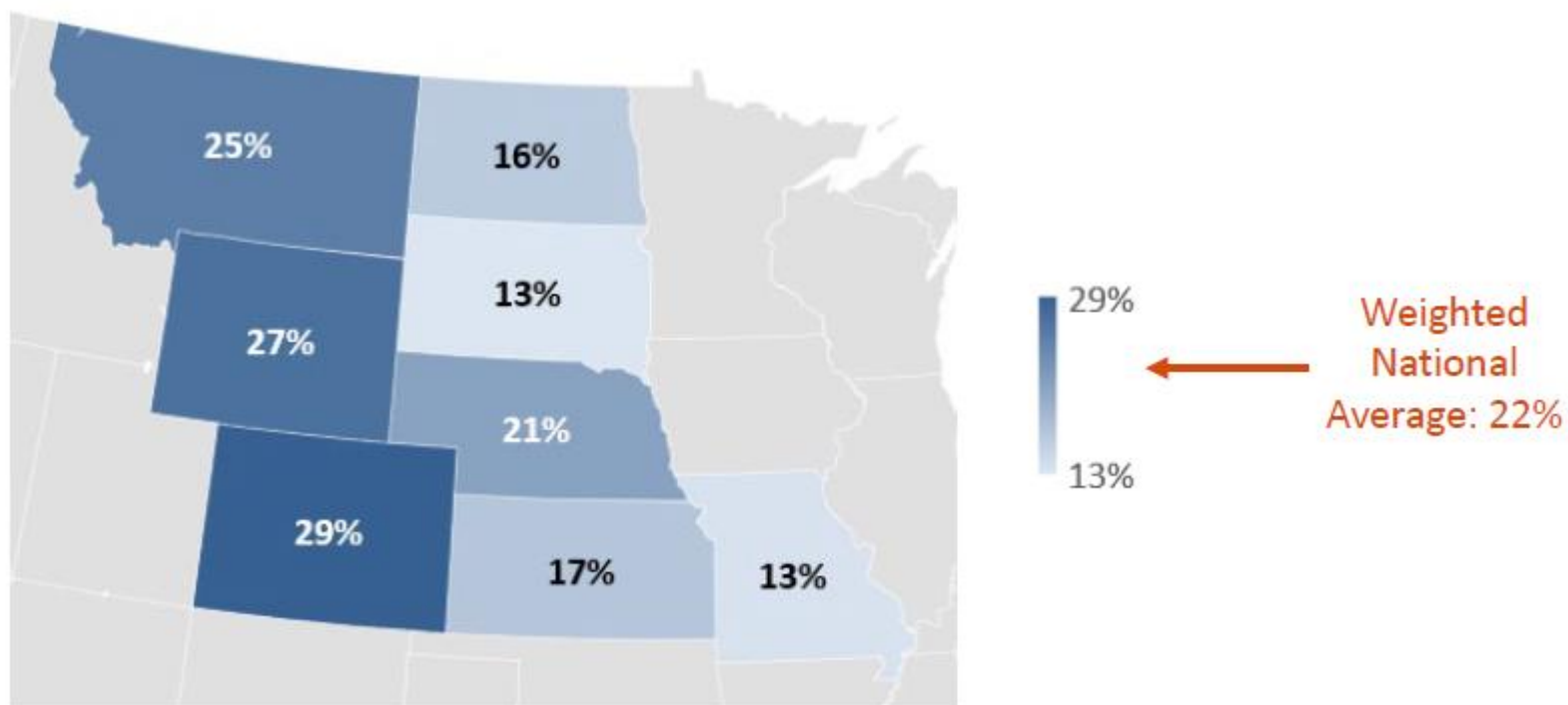
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Percent SFAs with At least One Edible Garden



Graphic courtesy of USDA OCFS MRPO



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Raised Beds





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Resources





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Chop Chop Culinary Skills Training





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Nebraska, Montana, Vermont Case Studies



Farm to School
NEBRASKA



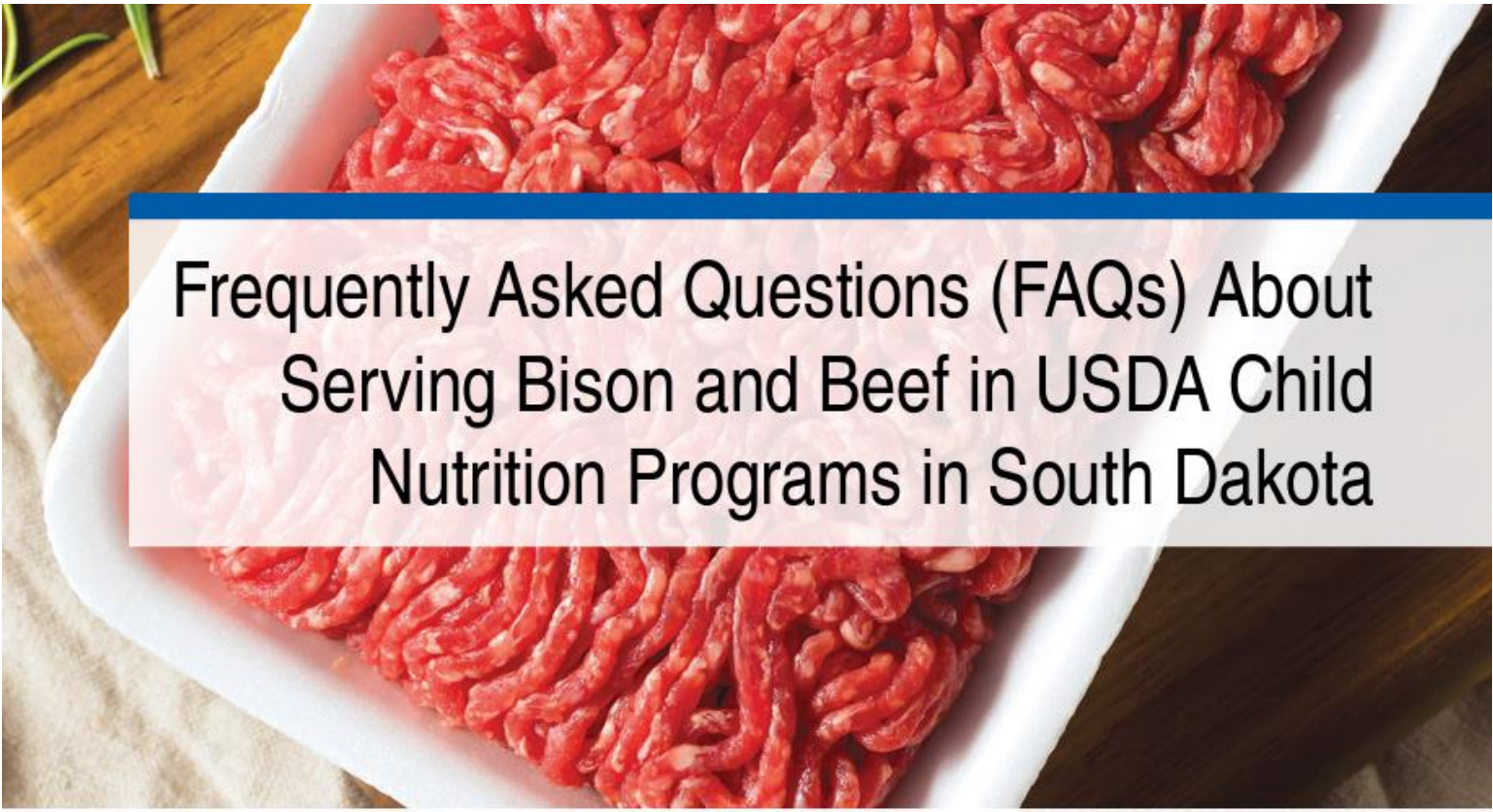
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Resource Guide



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A photograph of a white plastic tray filled with ground bison meat, which is a deep red color. The tray is resting on a wooden surface. A semi-transparent white box with a blue border is overlaid on the center of the image, containing the title text.

Frequently Asked Questions (FAQs) About Serving Bison and Beef in USDA Child Nutrition Programs in South Dakota



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DEPARTMENT OF EDUCATION
Learning. Leadership. Service.





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Farm to School Grant

- Request for Applications
 - October 22nd – January 10th
- Amount
 - \$50,000 - \$100,000 (different tracks)
- SD Webinar
 - Nov. 22nd, 12:30-1:30 MST & 1:30-2:30 CST





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Grow Getters

Lessons



Stupendous Soils

In this Grow Getters lesson, you will answer the questions: "What is soil?" and "How can you make garden soil?"



Plant the Seed

In this Grow Getters lesson, students will learn to identify the parts of a seed and the growth and development of a seed to a plant.



Plant Part Powers!

Following this lesson, participants will be able to identify basic plant parts and use more complex plant part vocabulary.



Pollinators Party

In this lesson, participants will learn how plants reproduce and how to identify pollinators that help plants.



Harvest Helpers

At the completion of this lesson, learners will be able to identify root and non-root fruits and vegetables and learn harvesting skills.



Preservation Station!

At the end of this lesson, participants will be able to list the most-common methods used to preserve fruits or vegetables.



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**Don't be afraid to start
small!**

**I am here to help with
planning!**



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Questions?

**What ideas or comments do
you have about kick-
starting F2S programs?**

CONTACT INFORMATION

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mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442;

email:
program.intake@usda.gov.

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